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BRITISH JOURNAL OF  
**HOSPITAL  
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**NEUROSCIENCE  
NURSING**

5th National Conference

# Multiple Sclerosis 2019

America Square Conference Centre, London  
8th May 2019

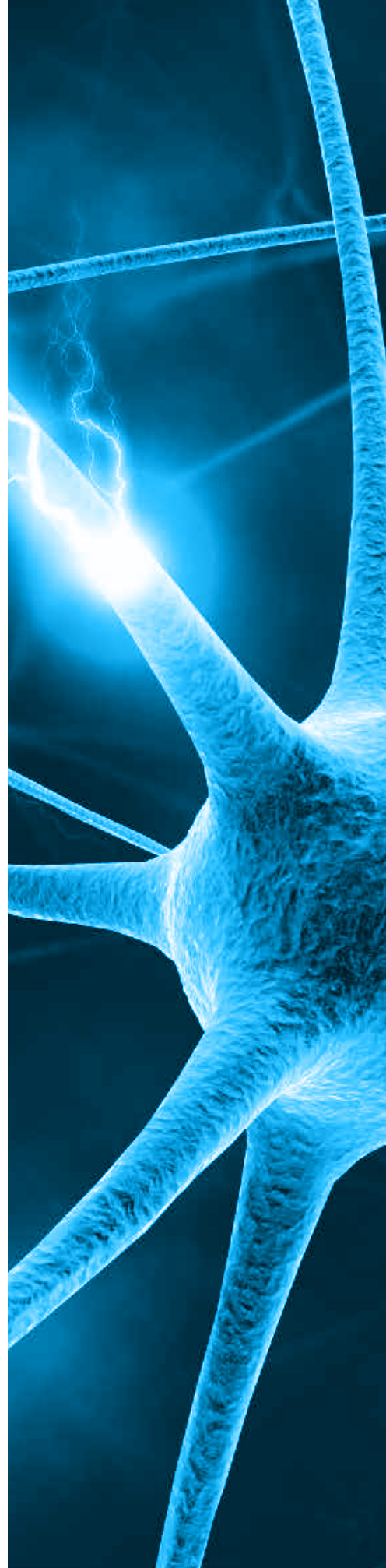
## Key themes for MS 2019:

- An overview of current challenges and future directions in MS research
- An assessment of the current state of MS care and what can be done to improve services
- A discussion of the current disease modifying treatments for RRMS
- Clinical trials update on progressive MS
- A review of the prevalence and clinical features of spasticity and current treatment options
- Guidance on the optimal treatment pathway for mobility issues in progressive MS
- How to manage memory and cognition challenges in MS patients
- Further your understanding of mental health interaction in MS
- Tools for early integration of the advance care pathway in MS
- An opportunity to share and exchange ideas with the leading practitioners in the field



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## **Multiple Sclerosis**

**2019** will provide you with a comprehensive best practice update on both current treatments and emerging novel therapies. There will also be a strong focus on effective multidisciplinary, patient centred, management of MS symptoms ensuring you receive highly practical advice from leading MS experts.

### **Who should attend?**

MS 2019 will be of particular interest to the following:

- Neurologists
- Psychiatrists
- Old age psychiatrists
- Geriatricians
- Physicians with an interest in MS
- GPs
- Community mental health teams
- MS nurse specialists
- Neurology nurse specialists
- Allied health professionals specialising in neuropsychiatry
- Allied health professionals specialising in neurology
- All trainees in these disciplines

# Multiple Sclerosis

**8th May 2019 AM**

08.00 – 08.55 **Registration and refreshments**

08.55 – 09.20 **Welcome and introduction**

09.30 – 10.00 **The current quality of MS care - how well are we doing and how can we do better?**

**Dr Helen Ford**

Consultant Neurologist, Leeds Teaching Hospitals NHS Trust

10.00 – 11.45 **Research update: are we any closer to predicting, preventing or curing MS**

**Speaker tbc**

11.45 – 11.00 **Discussion**

11.00 – 11.20 **Refreshments and exhibition viewing**

## **TREATMENT**

11.20 – 12.05 **DMTs in relapsing MS: timing and type**

**Professor Neil Robertson**

Clinical Professor of Neurology, Division of Psychological Medicine and Clinical Neurosciences, Cardiff University

12.05 – 12.35 **Trials in progressive MS - what have we learnt?**

**Dr Jeremy Chataway**

Honorary Senior Lecturer & Consultant Neurologist, National Hospital for Neurology and Neurosurgery, University College London Hospitals NHS Foundation Trust

12.35 – 13.05 **Current interventions for reducing spasticity**

**Dr Rachel Farrell**

Consultant Neurologist, National Hospital for Neurology and Neurosurgery, Queen Square & Honorary Senior Lecturer, UCL, Institute of Neurology, London

13.05 – 13.15 **Discussion**

13.15 – 14.00 **Lunch and exhibition viewing**

# erosis 2019

8th May 2019 PM

CHAIR: Professor Roshan das Nair

## MANAGEMENT OF THE DISEASE

14.00 – 14.25 **Rehabilitation for mobility problems in people with progressive MS**

**Christine Singleton**

Clinical Specialist & FES Service Lead, Birmingham Community Healthcare NHS Foundation Trust

14.25 – 14.50 **Managing memory problems in people with MS**

**Professor Roshan das Nair**

Professor of Clinical Psychology and Neuropsychology & Research and Innovation Lead, University of Nottingham

14.50 - 15.15 **Mood symptoms - Different approaches to the assessment and management of mental health**

**Dr Eli Silber TBC**

Consultant Neurologist, Kings' College Hospital, London

15.15 – 15.20 **Discussion**

15.20 – 15.35 **Refreshments and exhibition viewing**

15.35 – 16.00 **Management of lower urinary tract dysfunction in MS**

**Dr Jalesh Panicker**

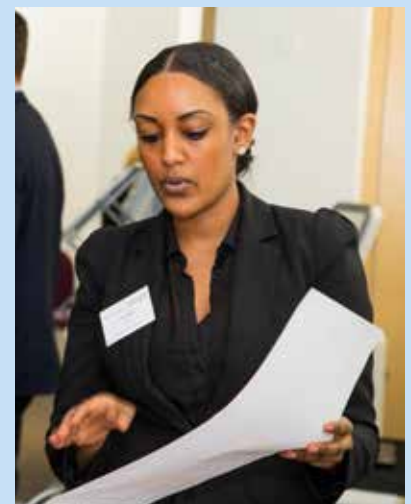
Consultant Neurologist and Reader in Uro-Neurology, The National for Neurology and Neurosurgery and UCL Queen Square Institute of Neurology, London

16.00 – 16.25 **The importance of early integration of the advance care pathway in MS**

**Heidi Barklem**

Multiple Sclerosis Clinical Nurse Specialist, Waltham Forest, North East London Foundation Trust (NELFT)

16.25 – 16.30 **Take home messages and close of conference**



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Forenames

Surname

Job title

Home address

Post code

Work address

Post code

Telephone

Email

I understand that this registration booking is subject to the booking conditions.

Signature

Date

**Delegate Rates** Please tick the box as applicable

### Delegate rate Consultants, GPs and Industry Representatives

Standard rate - £475

### Other

Standard rate - £385

All prices include VAT at 20%

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Card no

Valid from     Expiry date

Issue no (Maestro cards only)   3 digit security code

Signature

Date

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**If you have authorisation from your trust/department to attend this event and require an invoice, please provide the correct billing address or shared services address (including the relevant payable codes) and a purchase order number.**

**We are unable to process any bookings without this information. We are unable to send out invoices to home addresses.**

PLEASE COMPLETE IN FULL WITH CONTACT NAME IF DIFFERENT FROM ABOVE

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Signed

## Conference fee includes

Entrance to the conference, lunch & refreshments, full conference documentation and certificate of accreditation.

## Confirmation of booking

All bookings will be confirmed by email, unless otherwise stated. Please contact us if you have not received your confirmation 5-7 days after submitting your booking.

## Exhibition & Sponsorship

If you are interested in exhibiting or sponsoring this event contact: Sam Yekta, 0207 501 6679 [sam.yekta@markallengroup.com](mailto:sam.yekta@markallengroup.com)

## The Venue

America Square Conference Centre, London

## Accommodation

Once your booking is confirmed we will send you a list of recommended hotels.

### How did you hear about the conference?

- Direct mailing
- Email
- Recommendation
- MA Healthcare Events website
- Other website (please specify) \_\_\_\_\_
- Advert in Journal (please specify) \_\_\_\_\_
- Other (please specify) \_\_\_\_\_

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- 2 The Company reserves the right to cancel a booking if payment is not made six weeks prior to the conference taking place. Any outstanding payment becomes the responsibility of the signatory made on the reservation form.
- 3 Written cancellations received six weeks prior to the conference will be accepted and a refund less a 10% administration fee will be made. After this date, no refunds can be given. Verbal cancellations will not be accepted. If written cancellation is not received six weeks prior to the conference full payment will still be due irrespective of whether the delegate attends the conference. Substitute delegates are welcome at any time.
- 4 MA Healthcare Ltd reserves the right to make changes to the speakers and programmes without prior notice. Speakers approached at time of print.

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