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4th national conference

# COPD 2019 from evidence to practice

America Square Conference Centre, London Thursday 28th March 2019

### Benefits of attending COPD 2019:

- Explore the implications for secondary care of the updated GOLD Guidelines
- Find out how to disseminate updates in inhaled therapies, and choose the best option for your patient
- Hear a panel of experts discuss how to co-ordinate care for individual service users across primary and secondary care
- Evaluate new and emerging COPD therapies and the use of combination bronchodilators
- Learn how to predict the 'revolving door patient' and provide nonpharmacological interventions for acute exacerbations of COPD
- Gain understanding of the importance of early integration of the advanced care pathway in COPD
- Share and exchange ideas with leading practitioners in the field



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To book your place:





\* www.mahealthcareevents.co.uk/copd2019



### **COPD 2019**

1 year on from the publication of the GOLD Guidelines, COPD 2019 will address the implications for secondary care clinical practice. The conference will also explore the multidisciplinary approach to COPD care across the primary and secondary care sectors, with panel discussions and interactive case studies providing delegates with lots of practical information to take away from the meeting. As a delegate, you will be invited to submit complex case studies for expert review, and the intimate nature of the meeting will mean that there will be lots of time for Q&A with the speakers.

### Who should attend?

**COPD 2019** will be of particular interest to the following:

- Specialists in respiratory and thoracic medicine
- GPs with a specialist interest in respiratory medicine
- Specialist respiratory nurses
- Physiotherapists
- Specialists in rehabilitation medicine
- Specialists in palliative care
- Community nurse specialists
- Practice nurses
- COPD service commissioners/ manager
- All trainees in these disciplines

# COPD 2019: from ev

## 28th March 2019 | America Squ

Welcome and introduction from Chair 09.20-09.30 **CHAIR:** Professor David Halpin, Consultant Physician and Honorary Associate Professor in Respiratory Medicine, University of Exeter GOLD guidelines 1 year on – what are 09.30-10.00 the implications for secondary care? Professor David Halpin, Consultant Physician and Honorary Associate Professor in Respiratory Medicine, **University of Exeter** Managing acute exacerbations of COPD 10.00-10.30 and reducing recurrence of these Predicting the 'revolving door' patient Overview of non-pharmacological therapies to prevent hospitalisation Professor Wisia Wedzicha, Professor of Respiratory Medicine, Imperial 10.40-11.00 Refreshments and networking

### 11.00-11.40 PANEL DISCUSSION

Coordinating care for individual service users across primary and secondary COPD care

The panel will discuss themes such as how to transform communication between GPs and secondary care specialists, and managing COPD in the community to reduce number of hospital visits

Dr Vincent Mak, Consultant Physician, Respiratory Integrated Care, Imperial College Healthcare and Central London Community Healthcare NHS Trusts

Mrs Samantha Prigmore, Respiratory Nurse Consultant, St George's University Hospitals NHS Foundation Trust

Primary care representative to be announced

# 11.40-12.20 **Updates in inhaled therapy - how to choose the best option for the patient?**

- Triple therapies who benefits?
- A review of dual Bronchodialator therapy
- Where do changes in inhaled therapy leave ICS?

**Professor Ian Pavord**, Professor of Respiratory Medicine, Nuffield Department of Medicine, Oxford

# vidence to practice

## are Conference Centre, London

### 12.20-12.50 Management of Advanced COPD

The session will involve discussions on themes including valves, coils, lung volume reduction and/ or ventilation

Dr Samuel Kemp, Royal Brompton and Harefield, London

### 12.50-13.40 Lunch and exhibition viewing

13.40-14.20 Management of co and multi-morbidities Speaker TBC

14.20-15.15 COMPLEX CASE STUDIES

3 x 15 minute case studies submitted by delegates for expert review

Please submit your cases to georgia.peart@ markallengroup.com - Subject: COPD 2019 - CASE SUBMISSION

### 15.15-16.35 Refreshments and networking

# 15.35-16.00 Diagnostic overshadowing or missed diagnosis? Why it is easy to miss anxiety and depression in COPD patients

- Anxiety and depression are often associated with poor physical health status and prognosis often due to diagnostic overshadowing
- Symptoms of mental illness which are similarly associated with COPD (e.g. fatigue and reduced physical activity) may be overlooked.
- Mental illness can increase the burden of COPD by increasing the perception of dyspnoea via hyperventilation, stress response and panic attacks

Dr Daniel O'Toole, Imperial Healthcare Trust

## 16.00-16.30 Tools for early integration of the advance care pathway in COPD

- There has long been a low uptake of palliative care for COPD patients
- Effective provisions are in place, but services are underused for this population

Deborah Roots, Cardiorespiratory Nurse Consultant, Homerton University Hospital Foundation Trust

Take home message on how you can improve the healthcare of your patients







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16.30

### **COPD 2019: from evidence to practice**

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### 28th March 2019 | America Square Conference Centre, London

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Entrance to the conference, lunch & refreshments, full conference documentation and certificate of accreditation.

### Confirmation of booking

All bookings will be confirmed by email, unless otherwise stated. Please contact us if you have not received your confirmation 5-7 days after submitting your booking.

### **Exhibition & Sponsorship**

If you are interested in exhibiting or sponsoring this event contact: Sam on +44 (0)207 501 6679 sam.yekta@markallengroup.com

#### The Venue

America Square Conference Centre, No.1, America Square, 17 Crosswall, London EC3N 2LB a list of recommended hotels.

### How did you hear about the conference?

- ☐ Direct mailing
- □ Email
- ☐ Recommendation
- ☐ MA Healthcare Events website
- ☐ Other website (please specify)

☐ Advert in Journal (please specify)

- ☐ Other (please specify)

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