

Organised by

BRITISH JOURNAL OF  
**HOSPITAL  
MEDICINE**

The 4th national conference

# Treating Schizophrenia

Institute of Physics, London, W1  
29th & 30th April 2010

**12 CPD POINTS APPLIED FOR**



MA HEALTHCARE LIMITED

*40 YEARS OF MEDICAL EDUCATION*

## Objectives

**Treating Schizophrenia** will bring together leading experts in the fields of psychiatry, psychology and mental health nursing to discuss the current issues, latest developments and practical management of schizophrenia.

It is anticipated that participants will benefit from:

- A greater understanding of the evidence base for diagnosis of schizophrenia
- Comprehensive overviews of the current psychological and pharmacological treatment strategies including best practice in prescribing and monitoring medication and the role of CBT
- A raised awareness of the problems and solutions of managing psychosis during pregnancy
- Insights into the development of improved care pathways for co-occurring conditions
- An opportunity to share and exchange ideas with leading practitioners in the field

## Who should attend?

**Treating Schizophrenia** is aimed at all medical professionals in the field and will be of particular interest to:

- Specialists in psychiatry
- Specialists in psychology
- Specialists in psychotherapy
- Psychiatric nurses
- Community mental health nurses
- Specialists in neuroscience
- General practitioners with an interest in mental health
- General physicians with an interest in mental health
- All trainees in mental health
- Mental health service managers

# Treating Schizophrenia

Thursday 29th April 2010

08.00 – 08.55 **Registration & refreshments**

08.55 – 09.00 **Welcome & introduction**

09.00 – 09.30 **Prediction and prevention of schizophrenia: can high risk groups be identified earlier?**

**Dr Jo Smith**, Consultant Clinical Psychologist & Early Intervention Lead, Worcestershire Mental Health Partnership NHS Trust

09.30 – 10.00 **Dual diagnosis: treatment challenges for schizophrenia and comorbid personality disorder**

**Dr Mike Launer**, Medical Director, North West Region Partnerships in Care

10.00 – 10.45 **Drugs, psychology, arts and services for people with schizophrenia: the evidence behind the new NICE guidelines**

**Dr Tim Kendall**, Director, National Collaborating Centre for Mental Health, Royal College of Psychiatrists' Research Unit, Medical Director & Consultant Psychiatrist, Sheffield Health & Social Care NHS Foundation Trust

10.45 – 11.00 **Discussion**

11.00 – 11.25 **Refreshments**

11.25 – 11.55 **Neurocognition, first episode psychosis and outcome measurement**

**Dr Suzanne Barrett**, Lecturer in Neuropsychology, Queens University Belfast

11.55 – 12.25 **CTOs: how will we know if they improve outcome?**

**Professor Tom Burns**, Professor of Social Psychiatry, University of Oxford & Warneford Hospital, Oxford

12.25 – 12.35 **Discussion**

12.35 – 13.35 **Lunch**

## Best practice in prescribing and monitoring medication

13.35 – 14.05 **Effective prescribing for schizophrenia: what does NICE say?**

**Professor Thomas Barnes**, Professor of Clinical Psychiatry, Imperial College, London

14.05 – 14.35 **Improving prescribing practice: results from a POMH-UK study**

**Dr Carol Paton**, Chief Pharmacist, Oxleas NHS Foundation Trust, Kent & Honorary Research Fellow, Department of Psychological Medicine, Imperial College, London

14.35 – 15.05 **Improving prescribing practice: will technology be the answer?**

**Mr Peter Pratt**, Chief Pharmacist, Sheffield Health and Social Care NHS Foundation Trust & Rotherham, Doncaster and South Humber Mental Health NHS Foundation Trust

15.05 – 15.15 **Discussion**

15.15 – 15.35 **Refreshments**

15.35 – 16.05 **Effect of genetic variation on drug efficacy and side-effects**

**Professor Gavin Reynolds**, Chair of Neuroscience, Queen's University Belfast

16.05 – 16.35 **How well are mental health services assessing metabolic syndrome?**

**Dr David Osborn**, Senior Lecturer in Epidemiology and Community Psychiatry & Honorary Consultant Psychiatrist, Camden and Islington Mental Health and Social Care Trust, London

16.35 – 17.05 **New targets for pharmacotherapy: impaired cognition and negative symptoms**

**Dr Ify Okocha**, Medical Director, Oxleas NHS Foundation Trust, Kent

17.05 – 17.15 **Discussion and close of day 1**

# schizophrenia

Friday 30th April 2010

08.30 – 09.00 Registration & refreshments

**Psychological therapies in the management of schizophrenia**

09.00 – 09.30 **Psychosocial aspects of schizophrenia: implications for services**

**Professor Geoff Shepherd**, Senior Policy Adviser, The Sainsbury Centre for Mental Health, London, & Visiting Professor, Institute of Psychiatry, London

09.30 – 10.00 **A carers perspective and the importance of family interventions**

**Pat Armstrong**, Mother & Carer, Oxford

10.00 – 10.30 **Engaging people with schizophrenia: role of arts therapy**

**Anna Maratos**, Head of Arts Therapies, Central and North West London NHS Foundation Trust & Westminster Adult Mental Health Services, London

10.30 – 10.40 **Discussion**

10.40 – 11.00 **Refreshments**

11.00 – 11.30 **Cognitive behavioural therapy**

**Professor David Kingdon**, Professor of Mental Health Care Delivery, University of Southampton & Royal South Hants Hospital, Southampton

11.30 – 12.00 **Does cognitive remediation therapy help in the treatment of persistent negative symptoms?**

**Dr Vyv Huddy**, Research Fellow, Institute of Psychiatry, London

12.00 – 12.30 **Tailoring treatments for ethnic minority groups**

**Professor Swaran Singh**, Professor of Social and Community Psychiatry, University of Warwick

12.30 – 13.00 **Managing psychosis during pregnancy**

**Dr Vivienne Curtis**, Senior Lecturer, Institute of Psychiatry, & Consultant Psychiatrist, Maudsley Hospital, London

13.00 – 13.15 **Discussion**

13.15 – 14.00 **Lunch**

14.00 – 14.30 **Developing improved care pathways for schizophrenia and co-occurring conditions**

**Professor Tom Craig**, Professor of Social Psychiatry, Institute of Psychiatry, London

14.30 – 15.00 **Promoting recovery**

**Judy Weleminsky**, Chief Executive, Mental Health Providers Forum, London

15.00 – 15.30 **What will revalidation mean for psychiatrists?**

**Mr Robert Jackson**, Director of Professional Standards, Royal College of Psychiatrists, London

15.30 – 16.00 **The Bradley report on mental health in the Criminal Justice System: practical advice for primary care trusts and mental health providers**

**Sean Duggan**, Joint Chief Executive, The Sainsbury Centre for Mental Health, London

16.00 – 16.15 **Discussion**

16.15 **Refreshments and close of conference**

## 3 EASY WAYS TO BOOK



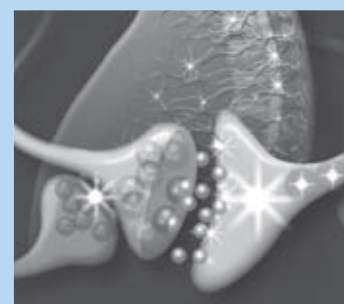
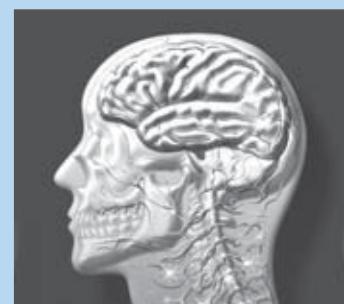
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# Registration form

I would like to secure my place at **Treating Schizophrenia**  
PHOTOCOPIES OF THIS FORM ACCEPTED

Title (Dr, Mr, Mrs etc): .....

Forenames .....

Surname .....

Job title .....

Home address .....

.....

..... Post code.....

Work address .....

.....

..... Post code.....

Telephone.....

Email.....

I understand that this registration booking is subject to the booking conditions.

Signature .....

## DELEGATE RATES

Please tick the box as applicable

### Consultants, GPs and Industry Representatives

Two days £825 plus VAT

One day £550 plus VAT

Thurs 29th April  Fri 30th April

### Other

Two days £550 plus VAT

One day £350 plus VAT

Thurs 29th April  Fri 30th April

### The conference fee includes:

- Entrance to the conference
- Lunch and refreshments
- Full conference documentation
- Certificate of accreditation

## I WISH TO PAY BY:

### • Credit card

Please debit my  Visa  Mastercard  Maestro

American Express

Card no

Valid from     Expiry date

Issue no (Maestro cards only)   3 digit security code

Signed..... Date .....

### • Call the Credit Card Booking Hotline 0207 501 6762

• Book online at [www.mahealthcareevents.co.uk](http://www.mahealthcareevents.co.uk)

• Make your cheque payable to MA Healthcare Ltd

• **Invoice** Requesting an invoice and signing this form will secure your place at the conference. All invoices must be paid in full before the event. See booking condition 5.

**To receive an invoice you must complete this section in full giving either your work or Trust address. We are unable to send out invoices to home addresses**

### PLEASE COMPLETE IN FULL WITH CONTACT NAME IF DIFFERENT FROM ABOVE

PO Number .....

Contact .....

Full invoice address.....

.....

..... Post code .....

Telephone..... Fax.....

Signed .....

### How did you hear about the conference?

Direct mailing  Email  Recommendation  MA Healthcare Events website

Other website (please specify).....

Advert in Journal (please specify).....

Other (please specify).....

Data Protection - By submitting your details, you are indicating your consent to receiving marketing communication from MA Healthcare or a member of MA Healthcare's group (including our latest news, events, competitions and offers), unless you have ticked the box below to indicate your objection to receiving these messages. Please tick here if you do not wish to receive this information via e-mail  Please tick here if you do not wish to receive this information via post or telephone  We occasionally work closely with other companies to offer you things that we think may be of interest to you. Please tick this box if you do not want to receive details of their products via post or phone  Please tick this box, if you would like to receive this information via email

### PLEASE RETURN TO:

MARK ALLEN GROUP, TREATING SCHIZOPHRENIA,

FREEPOST BFH1 337, LONDON, SE24 9BR

FAX BOOKING LINE: 0207 733 8174

TEL BOOKING LINE: 0207 501 6762

## How to get to the venue

Institute of Physics, 76 Portland Place, London W1B 1NT  
Tel: 0207 470 4884

The Institute of Physics is located in Portland Place in the heart of London, 10 minutes away from five tube stations – Regent's Park, Great Portland Street, Warren Street, Goodge Street and Oxford Circus.

The Institute of Physics is within easy reach of Heathrow and Gatwick airports. With such easy access by rail, tube and road, you will arrive for the conference in good time, ready for the day you have planned.

## Accommodation details

Grange Hotels are offering a special rate for delegates attending *Treating Schizophrenia*. To make a reservation please contact Grange Hotels central reservations quoting: 'MA Healthcare'.

**GRANGE HOTELS** Telephone number: 0207 233 7888

Fax number: 0207 630 9897

Email: [reservations@grangehotels.com](mailto:reservations@grangehotels.com)



Expotel can provide a complimentary hotel booking service for delegates attending *Treating Schizophrenia*.

To enquire about making a reservation or to get details of other hotels contact Expotel on the number below, choose the 'hotel' option and quote MA Healthcare/Treating Schizophrenia

**EXPOTEL**

Telephone number: 0845 054 8470

Email: [events@expotel.com](mailto:events@expotel.com)

## Booking conditions

MA Healthcare Ltd (The Company) accepts bookings under the following conditions:

- 1 All correspondence will be sent to the participants at the address specified on the booking form or over the telephone. (This address will also appear on the official participant's list).
- 2 The completed booking form together with full payment must be sent to MA Healthcare Ltd. A confirmation will then be issued. Cheques should be made payable to **MA Healthcare Limited**. Returning the signed registration form constitutes a firm booking.
- 3 Bookings may be made by telephone but payment must be made in full by credit card.
- 4 All payments, including credit card, must be in sterling.
- 5 The Company reserves the right to cancel a booking if payment is not made six weeks prior to the conference taking place. Any outstanding payment becomes the responsibility of the signatory made on the reservation form.
- 6 Payment for any booking made within six weeks of the conference will still be due to the company irrespective of whether the delegate attends.
- 7 Should you be unable to attend, a substitute delegate may take his/her place. Notification must be received in writing one week prior to the conference.
- 8 The Company reserves the right to change the conference speakers in cases of illness or other conditions beyond its control.
- 9 The Company does not accept responsibility for loss or damage to delegates' own property and/or personal effects caused by events beyond its control, including (but without limitation) fire, flood, strikes, civil disturbances or for consequential loss or damage of any kind whatsoever.
- 10 Speakers approached at time of print.

## Cancellation of booking

Written cancellations received six weeks prior to the conference will be accepted and a refund of 90% of the booking charge will be made. After this date, no refunds can be given. Verbal cancellations will not be accepted.

If written cancellation is not received six weeks prior to the conference full payment will still be due irrespective of whether the delegate attends the conference.



**MA Healthcare Ltd,**  
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