

Organised by  
**HOSPITAL  
MEDICINE**

3rd National Conference

# Recent advances in inflammatory bowel disease

Institute of Physics, London, W1  
24th & 25th September 2009

12 CPD points applied for



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*40 YEARS OF MEDICAL EDUCATION*

## Objectives

### **Recent advances in inflammatory bowel disease**

will bring together leading experts in the field of gastroenterology to discuss the current issues, latest developments and practical management of IBD.

It is anticipated that participants will benefit from:

- A review of the genetics of IBD including the links to pathogenesis and the ethnic variation in IBD phenotype and progression
- An increased awareness of diagnostically difficult and atypical forms of IBD
- A greater understanding of the new IBD standards from a patient's perspective
- An update on the problems and solutions to managing the transition from paediatric to adult care
- An examination of the current pharmacological and surgical interventions in IBD management
- A raised awareness of the controversies in the management of colorectal cancer in IBD
- An opportunity to share and exchange ideas with leading practitioners in the field

## Who should attend?

### **Recent advances in inflammatory bowel disease**

is aimed at all medical professionals and will be of particular interest to the following:

- Specialists in gastroenterology
- Specialists in gastroradiology
- Specialists in endoscopy
- Specialists in colorectal surgery
- Specialists in colorectal oncology
- General physicians
- Physicians and surgeons looking to specialise
- Specialist gastrointestinal nurses
- IBD clinical nurse specialists
- Clinical and research immunologists
- Clinical and research microbiologists
- All trainees in these disciplines

# Inflammatory

Thursday 24th September 2009

08.00 – 08.55 **Registration & refreshments**

08.55 – 09.00 **Welcome & introduction**

09.00 – 09.30 **Ethnic variation in IBD phenotype and progression**

**Dr Ian Arnott**, Consultant Gastroenterologist,  
Western General Hospital, Edinburgh

09.30 – 10.00 **Genetics and IBD pathogenesis**

**Dr Charles Lees**, Clinical Lecturer in Gastroenterology,  
University of Edinburgh

10.00 – 10.30 **Diagnosis of IBD: potential role of biomarkers**

**Dr Marcus Harbord**, Gastroenterologist,  
Chelsea and Westminster Hospital, London

10.30 – 10.45 **Discussion**

10.45 – 11.10 **Refreshments**

11.10 – 11.40 **Imaging and IBD: influence on decision making**

**Dr Rakesh Sinha**, Consultant Radiologist, Warwick Hospital and  
Medical School

11.40 – 12.10 **Diagnostically difficult and atypical forms of IBD**

*Speaker to be confirmed*

12.10 – 12.40 **Role of mucosal healing assessment in clinical practice**

**Dr Stuart Bloom**, Consultant Gastroenterologist,  
University College London Hospitals

12.40 – 12.55 **Discussion**

12.55 – 13.45 **Lunch**

13.45 – 14.15 **IBD standards: a patient's perspective**

**Mr Nigel Westwood**, Vice-Chairman,  
National Association for Crohn's and Colitis

14.15 – 14.45 **Management of extra-intestinal inflammation in IBD**

**Dr John Hamlin**, Consultant Gastroenterologist, Leeds General Infirmary

14.45 – 15.00 **Discussion**

15.00 – 15.30 **Refreshments**

15.30 – 16.00 **Enteral feeding**

**Professor Alastair Forbes**, Professor of Gastroenterology and  
Clinical Nutrition, University College Hospital, London

16.00 – 16.30 **IBD in adolescents: managing the transition from paediatric to adult services**

**Ms Kay Greveson**, Adult Services IBD Nurse Specialist,  
Royal Free Hampstead NHS Trust, London

**Ms Natalie Morgan**, Paediatric IBD Specialist Sister,  
Royal Free Hampstead NHS Trust, London

16.30 – 17.00 **Delivering integrated care at the primary/secondary care interface**

**Professor J. G. Williams**, Consultant Gastroenterologist &  
Professor of Health Services Research, Swansea University

17.00 – 17.15 **Discussion**

# bowel disease

Friday 25th September 2009

08.30 - 09.00 Registration & refreshments

09.00 - 09.30 **Maintenance therapy: 5-ASAs or immunomodulators?**

**Dr Stephen Middleton**, Consultant Gastroenterologist, Addenbrookes Hospital, Cambridge

09.30 - 10.00 **Cyclosporin in ulcerative colitis: fact or fiction?**

**Dr Seamus Murphy**, Consultant Gastroenterologist, Craigavon Area Hospital, Northern Ireland

10.00 - 10.30 **Starting biological therapy: who, when and which?**

**Dr Jon Shaffer**, Consultant Gastroenterologist, Hope Hospital, Salford

10.30 - 10.45 **Discussion**

10.45 - 11.10 Refreshments

11.10 - 11.40 **Biological therapy for children with IBD**

**Dr Nick Croft**, Senior Lecturer in Paediatric Gastroenterology, St Bartholomew's and the Royal London School of Medicine and Dentistry

11.40 - 12.10 **Therapeutic options in perianal disease**

**Dr A. B. Hawthorne**, Consultant Gastroenterologist, University Hospital of Wales, Cardiff

12.10 - 12.50 **CASE STUDIES AND PANEL DISCUSSION**

Facilitated by: *To be confirmed*

12.50 - 13.40 **Lunch**

13.40 - 14.20 **DEBATE: Surgery is preferable to medical therapy for terminal ileal Crohn's disease**

**For: Mr Iain Anderson**, Consultant Surgeon, Hope Hospital Intestinal Fistula Unit, Salford

**Against: Dr Naila Arebi**, Consultant Gastroenterologist, St Mark's Hospital, Harrow, & Honorary Senior Lecturer, Imperial College, London

14.20 - 14.50 **Update on the management of pouchitis**

**Dr Sean Kelly**, Consultant in Gastroenterology, York District Hospital

14.50 - 15.00 **Discussion**

15.00 - 15.20 Refreshments

15.20 - 15.50 **Management of post-operative Crohn's Disease**

**Dr Stephen Grainger**, Consultant Physician and Gastroenterologist, King George Hospital, Essex

15.50 - 16.20 **Surgery for ulcerative colitis: getting the timing right**

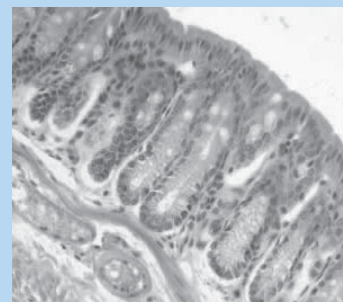
**Mr Bruce George**, Consultant General and Colorectal Surgeon, John Radcliffe Hospital, Oxford

16.20 - 16.50 **Common mistakes in the management of IBD**

**Dr Jeremy Nightingale**, Consultant Gastroenterologist, St Mark's Hospital, Harrow

16.50 - 17.00 **Discussion**

Close of conference



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