

Organised by

BRITISH JOURNAL OF
**HOSPITAL
MEDICINE**

The 12th national conference

Diabetes 2010

Institute of Physics, London, W1

6th & 7th July 2010

KEYNOTE SPEAKER:

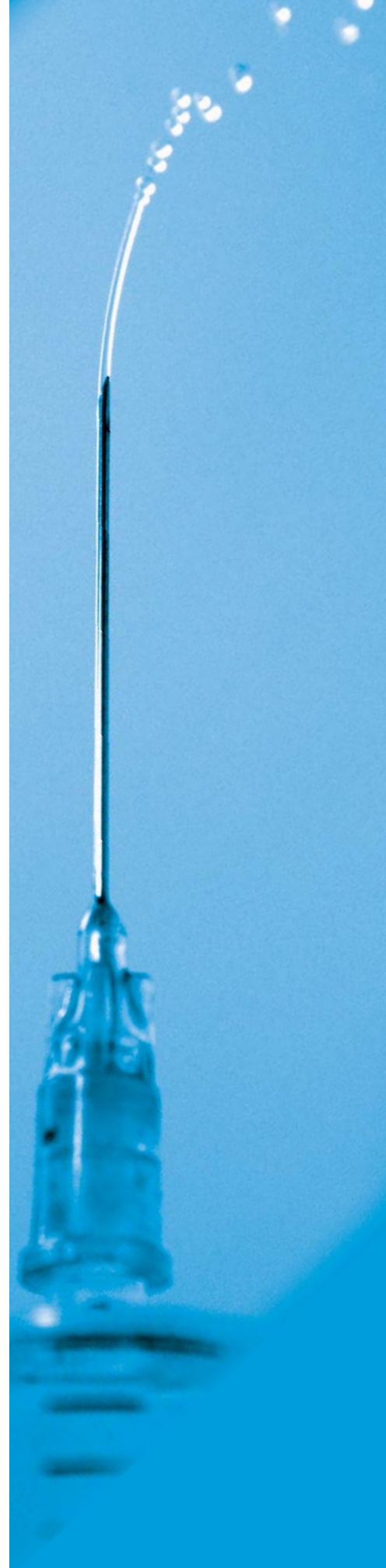
Dr Rowan Hillson MBE

National Clinical Director for Diabetes, Department of Health, London

12 CPD POINTS APPLIED FOR



40 YEARS OF MEDICAL EDUCATION



Objectives

Diabetes 2010 will bring together leading experts in the fields of diabetes, endocrinology and general practice to discuss the current issues, latest developments and practical management of diabetes and its complications. It is anticipated that participants will benefit from:

- An overview of primary prevention strategies and their implementation
- An update on the management of gestational diabetes and the clinical concerns of managing pregnancy in women with pre-existing diabetes
- A review of the best prescribing practice in diabetes including optimising complex insulin regimens and prescribing for people with established cardiac disease
- A greater understanding of diabetic complications including cardiovascular disease, renal disease and retinopathy
- An insight into the practical management of diabetic emergencies
- An overview of the management of obesity including pharmacotherapies and the indications for bariatric surgery
- An opportunity to share and exchange ideas with leading practitioners in the field

Who should attend?

Diabetes 2010 is aimed at all medical professionals and will be of particular interest to the following

- Specialists in diabetes
- General practitioners with a special interest in diabetes
- Specialists in endocrinology
- Specialist diabetes nurses
- Diabetes facilitators
- Specialists in metabolic medicine
- Specialists in cardiovascular medicine
- General physicians
- Specialists in obesity
- Dieticians
- All trainees in these disciplines

Diabetes

Tuesday 6th July

08.00 – 08.55 **Registration & refreshments**

08.55 – 09.00 **Welcome & introduction**

Diabetes at the primary/secondary care interface

09.00 – 09.30 **Primary prevention strategies and their implementation**

Dr Stephen Lawrence

GPwSI Diabetes, Medway PCT, Kent

09.30 – 10.00 **E-health technologies: lessons from an email GP advisory service**

Dr Neil Walker

Clinical Research Fellow in Diabetes, Churchill Hospital, Oxford

10.00 – 10.10 **Discussion**

10.10 – 10.40 **Refreshments**

10.40 – 11.10 **Management of pre-diabetes**

Anne Reed

Practice Nurse, The Health Centre, Thirsk, North Yorkshire

11.10 – 11.40 **Lifestyle management of diabetes**

Karen Jones

Locality Lead, Diabetes Specialist Nurse, Northumbria Healthcare NHS Foundation Trust

11.40 – 12.10 **Management of teenagers with diabetes**

Dr Lesley Lowes

Senior Lecturer & Practitioner (Paediatric Diabetes), Cardiff University

12.10 – 12.20 **Discussion**

12.20 – 13.15 **Lunch**

Therapeutics

13.15 – 13.45 **Newer methods of insulin delivery**

Dr Tahseen Chowdhury

Lead Clinician & Consultant Physician in Diabetes and Metabolism, The Royal London Hospital

13.45 – 14.15 **Best prescribing practice: optimising complex insulin regimens**

Dr Paul O'Hare

Reader in Diabetes & Director of Medical Education, Warwick Medical School

14.15 – 14.45 **Best prescribing practice: diabetes therapy in established cardiac disease**

Dr Doug Robertson

Consultant Diabetologist, Sandwell General Hospital, West Midlands & Senior Lecturer, Warwick Medical School

14.45 – 14.55 **Discussion**

14.55 – 15.20 **Refreshments**

15.20 – 15.50 **Intensive glucose control: benefits and current controversies**

Dr Yoon K Loke

Senior Lecturer in Clinical Pharmacology, University of East Anglia

15.50 – 16.20 **Dilemmas in the management of metabolic syndrome**

Professor Chris Byrne

Professor of Endocrinology and Metabolism, University of Southampton & Southampton General Hospital

16.20 – 16.50 **Treating the spectrum of cardiovascular disease in patients with diabetes**

Professor Richard Donnelly

Head, School of Graduate Entry Medicine and Health, Royal Derby Hospital & Professor of Vascular Medicine, University of Nottingham

16.50 – 17.00 **Discussion**

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Wednesday 7th July

08.30 – 09.00 Registration & refreshments

Diabetic complications

09.00 – 09.30 **Erectile dysfunction in diabetes**

Dr David Edwards

GP & Specialist in Male and Female Sexual Dysfunction, Chipping Norton, Oxfordshire & Treasurer, British Society for Sexual Medicine

09.30 – 10.00 **Gestational diabetes**

Dr Stephanie Baldeweg

Consultant in Diabetes and Endocrinology, University College Hospital, London

10.00 – 10.30 **Pregnancy and pre-existing diabetes: clinical concerns**

Dr Michael Maresh

Consultant Obstetrician and Gynaecologist, Central Manchester University Hospitals NHS Foundation Trust

10.30 – 10.40 **Discussion**

10.40 – 11.00 **Refreshments**

11.00 – 11.30 **Management of autonomic neuropathy**

Professor Rayaz Malik

Professor of Medicine & Consultant Physician, University of Manchester

11.30 – 12.00 **Common problems in the management of renal disease**

Professor Sally Marshall

Professor of Diabetes, Newcastle University

12.00 – 12.30 **KEYNOTE ADDRESS: The future of NHS diabetes care**

Dr Rowan Hillson MBE

National Clinical Director for Diabetes, Department of Health, London

12.30 – 12.40 **Discussion**

12.40 – 13.30 **Lunch**

13.30 – 14.00 **Pharmacotherapy for obesity**

Dr David Haslam

GPwSI Obesity and Cardiometabolic Disease, Hertfordshire & Clinical Director, National Obesity Forum

14.00 – 14.30 **Indications for bariatric surgery**

Professor John Baxter

Professor of Surgery, Swansea University & Honorary Consultant Upper GI and Endocrine Surgeon, Morriston Hospital, Swansea

14.30 – 14.40 **Discussion**

14.40 – 15.00 **Refreshments**

15.00 – 15.30 **Diabetic retinopathy in the retinal screening era**

Professor Stephen Aldington

Honorary Associate Professor, University of Warwick Institute of Clinical Education & Education and Research Development Manager, English National Screening Programme for Diabetic Retinopathy, Cheltenham, Gloucestershire

Practical management of diabetic emergencies

15.30 – 16.00 **Diabetic ketoacidosis**

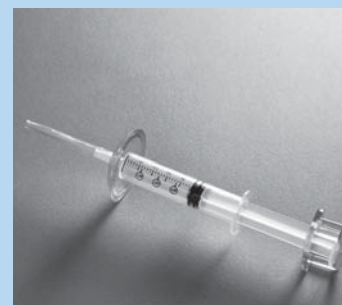
Barbara Philips

16.00 – 16.30 **Hyperosmolar non-ketotic acidosis**

To be confirmed

16.30 – 16.40 **Discussion**

16.40 **Close of conference**



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Registration form

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Forenames

Surname

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I understand that this registration booking is subject to the booking conditions.

Signature

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Please tick the box as applicable

Consultants, GPs and Industry Representatives

£825 + VAT = £969.38

Other

£525 + VAT = £616.88

The conference fee includes:

- Entrance to the conference
- Lunch and refreshments
- Full conference documentation
- Certificate of accreditation

I WISH TO PAY BY:

• Credit card

Please debit my Visa Mastercard Maestro
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Valid from Expiry date

Issue no (Maestro cards only) 3 digit security code

Signed

..... Date

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• **Invoice** Requesting an invoice and signing this form will secure your place at the conference. All invoices must be paid in full before the event. See booking condition 5.

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PLEASE COMPLETE IN FULL WITH CONTACT NAME IF DIFFERENT FROM ABOVE

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How did you hear about the conference?

Direct mailing Email Recommendation MA Healthcare Events website

Other website (please specify)

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How to get to the venue

Institute of Physics, 76 Portland Place, London W1B 1NT
Tel: 0207 470 4884

The Institute of Physics is located in Portland Place in the heart of London, 10 minutes away from five tube stations – Regent's Park, Great Portland Street, Warren Street, Goodge Street and Oxford Circus.

The Institute of Physics is within easy reach of Heathrow and Gatwick airports. With such easy access by rail, tube and road, you will arrive for the conference in good time, ready for the day you have planned.

Accommodation details

Grange Hotels are offering a special rate for delegates attending *Diabetes 2010*. To make a reservation please contact Grange Hotels central reservations quoting: 'MA Healthcare'.

GRANGE HOTELS Telephone number: 0207 233 7888

Fax number: 0207 630 9897

Email: reservations@grangehotels.com



Expotel can provide a complimentary hotel booking service for delegates attending *Diabetes 2010*.

To enquire about making a reservation or to get details of other hotels contact Expotel on the number below, choose the 'hotel' option and quote MA Healthcare/Diabetes 2010

EXPOTEL

Telephone number: 0845 054 8470

Email: events@expotel.com

Booking conditions

MA Healthcare Ltd (The Company) accepts bookings under the following conditions:

- 1 All correspondence will be sent to the participants at the address specified on the booking form or over the telephone. (This address will also appear on the official participant's list).
- 2 The completed booking form together with full payment must be sent to MA Healthcare Ltd. A confirmation will then be issued. Cheques should be made payable to **MA Healthcare Limited**. Returning the signed registration form constitutes a firm booking.
- 3 Bookings may be made by telephone but payment must be made in full by credit card.
- 4 All payments, including credit card, must be in sterling.
- 5 The Company reserves the right to cancel a booking if payment is not made six weeks prior to the conference taking place. Any outstanding payment becomes the responsibility of the signatory made on the reservation form.
- 6 Payment for any booking made within six weeks of the conference will still be due to the company irrespective of whether the delegate attends.
- 7 Should you be unable to attend, a substitute delegate may take his/her place. Notification must be received in writing one week prior to the conference.
- 8 The Company reserves the right to change the conference speakers in cases of illness or other conditions beyond its control.
- 9 The Company does not accept responsibility for loss or damage to delegates' own property and/or personal effects caused by events beyond its control, including (but without limitation) fire, flood, strikes, civil disturbances or for consequential loss or damage of any kind whatsoever.
- 10 Speakers approached at time of print.

Cancellation of booking

Written cancellations received six weeks prior to the conference will be accepted and a refund of 90% of the booking charge will be made. After this date, no refunds can be given. Verbal cancellations will not be accepted.

If written cancellation is not received six weeks prior to the conference full payment will still be due irrespective of whether the delegate attends the conference.



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