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BRITISH JOURNAL OF
**HOSPITAL
MEDICINE**

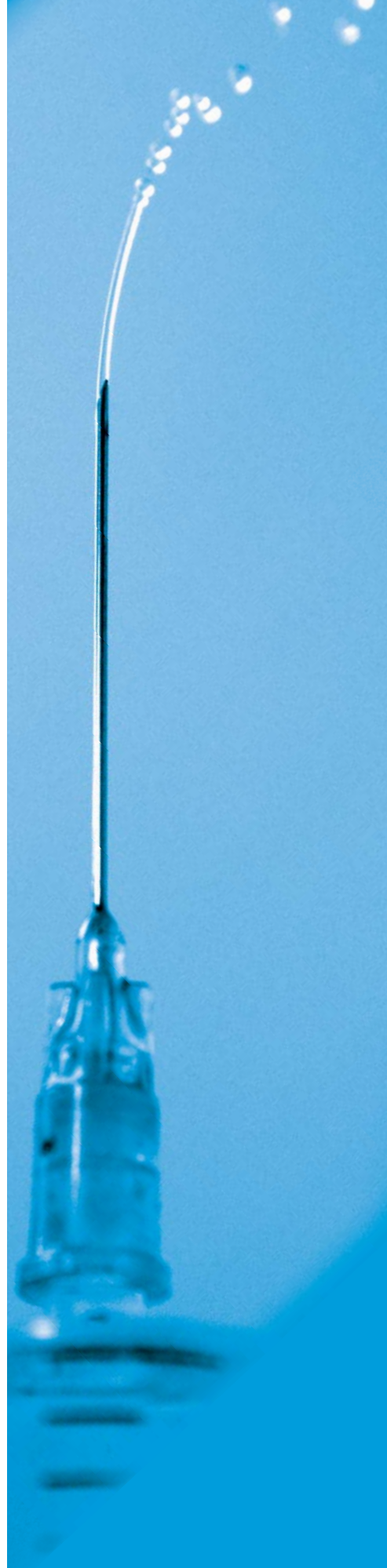
The 11th national conference

The Diabetes Epidemic: recent advances in the management of diabetes and its complications

Institute of Physics, London, W1

13th & 14th July 2009

12 CPD POINTS APPLIED FOR



MA HEALTHCARE LIMITED

40 YEARS OF MEDICAL EDUCATION

Objectives

The Diabetes Epidemic will bring together leading experts in the fields of diabetes, metabolism and general practice to discuss the current issues, latest developments and practical management of diabetes and its complications. It is anticipated that participants will benefit from the following

- A comprehensive overview of the diabetes epidemic
- An update on primary prevention strategies
- A review of e-health technologies for diabetes
- An update on the management of gestational diabetes
- An exploration of how multidisciplinary management can improve outcomes in diabetes
- A review of the latest pharmacological therapies for diabetes
- An insight into the future of diabetes therapeutics
- A greater understanding of the long-term complications of diabetes
- An opportunity to share and exchange ideas with leading practitioners in the field

Who should attend?

The Diabetes Epidemic is aimed at all medical professionals and will be of particular interest to the following

- Specialists in diabetes
- General Practitioners with a special interest in diabetes
- Specialists in endocrinology
- Specialist diabetes nurses
- Diabetes facilitators
- Specialists in metabolic medicine
- Specialists in cardiovascular medicine
- General physicians
- Specialists in obesity
- Dieticians
- All trainees in these disciplines

The Diabetes

Monday 13th July

08.00 – 08.55 **Registration & refreshments**

08.55 – 09.00 **Welcome & introduction**

09.00 – 09.30 **The diabetes epidemic**

Dr Sarah Wild

Senior Lecturer in Epidemiology and Public Health, University of Edinburgh

09.30 – 09.55 **An overview of the causes of diabetes**

Professor David Leslie

Professor of Diabetes and Autoimmunity, University of London

09.55 – 10.20 **Primary prevention strategies and their implementation**

Dr Stephen Lawrence

GPSI Diabetes, Medway PCT, Kent

10.20 – 10.40 **Discussion**

10.40 – 11.00 **Refreshments**

11.00 – 11.25 **Lifestyle management of diabetes**

Karen Jones

Locality Lead, Diabetes, Northumbria Healthcare Trust

11.25 – 11.50 **E-health technologies in diabetes**

Angus Forbes

Senior Lecturer, Department of Primary and Intermediate Care, King's College London

11.50 – 12.15 **Gestational diabetes**

Dr Stephanie Baldweg

Consultant in Diabetes & Endocrinology, University College Hospital, London

12.15 – 12.35 **Discussion**

12.35 – 13.20 **Lunch**

THERAPEUTICS

13.20 – 13.50 **Understanding insulins**

Professor Martin J Stevens

Professor of Medicine & Honorary Consultant Physician, The University of Birmingham & Heart of England NHS Foundation Trust

13.50 – 14.20 **Insulin resistance and diabetes**

To be confirmed

14.20 – 14.50 **Incretin based therapies**

Dr Douglas Robertson

Consultant Diabetologist, Sandwell General Hospital, West Midlands, & Senior Lecturer, Warwick Medical School

14.50 – 15.10 **Discussion**

15.10 – 15.30 **Refreshments**

15.30 – 16.00 **Glitazone revisited**

Professor Mike Cawthorne

Director of Metabolic Research, University of Buckingham

16.00 – 16.30 **Intensive glucose control: benefits and current controversies**

To be confirmed

16.30 – 17.00 **Management of obesity: pharmacotherapy versus surgery**

Dr David Haslam

Clinical Director, National Obesity Forum

17.00 – 17.20 **Discussion**

es Epidemic

Tuesday 14th July

08.30 – 09.00 Registration & refreshments

09.00 – 09.30 **A multidisciplinary approach to improving outcomes in diabetes**

Dr Sofia Llahana

Clinical Nurse Specialist & Independent Prescriber, University College Hospital, London & Senior Teaching Fellow in Diabetes, Warwick University

09.30 – 10.00 **Dilemmas in the management of metabolic syndrome**

To be confirmed

10.00 – 10.30 **Non alcoholic fatty liver disease and diabetes**

Professor Christopher D Byrne

Professor of Endocrinology & Metabolism, Southampton General Hospital

10.30 – 10.40 **Discussion**

10.40 – 11.10 **Refreshments**

11.10 – 11.40 **Treating the spectrum of cardiovascular disease in patients with diabetes**

Professor Richard Donnelly

Professor of Medicine, University of Nottingham & Derby Hospitals NHS Foundation Trust

11.40 – 12.10 **The management of diabetic neuropathy**

To be confirmed

12.10 – 12.40 **Management of diabetic foot ulcers**

Dr Frances Game (to be confirmed)

Consultant Physician, Nottingham City Hospital

12.40 – 12.50 **Discussion**

12.50 – 13.40 **Lunch**

13.40 – 14.10 **Erectile dysfunction in diabetes**

Professor Michael Kirby

Visiting Professor, University of Hertfordshire and the Prostate Centre, London

14.10 – 14.40 **Screening for diabetic eye disease**

Dr Margaret Clarke

Consultant Diabetologist, Heart of England NHS Foundation Trust, Birmingham

14.40 – 15.10 **Managing diabetic retinopathy: novel techniques and the tried and tested**

Dr Vinod Patel

Consultant Physician & Professor in Clinical Skills, George Eliot hospital, Warwickshire

15.10 – 15.20 **Discussion**

15.20 – 15.40 **Refreshments**

15.40 – 16.10 **Management of diabetic nephropathy**

Dr Julian Wright

Consultant Nephrologist, Honorary Research Fellow & Royal College of Physicians Tutor for Medicine, Manchester Royal Infirmary

16.10 – 16.40 **The future of diabetes care: role of organ transplantation**

Professor Nadey Hakim

Surgical Director, West London Renal & Transplant Unit, Hammersmith Hospital, London

16.40 – 16.50 **Discussion**

16.50 **Close of conference**

3 EASY WAYS TO BOOK



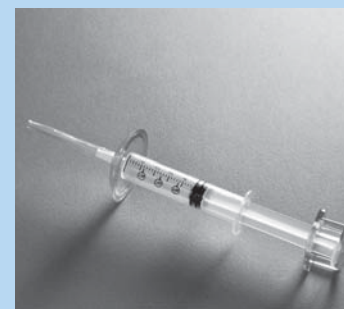
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