

Organised by
**BRITISH JOURNAL OF
HOSPITAL
MEDICINE**

7th National Conference

Bipolar Disorder

'What is it – how to treat it'

Institute of Physics, London, W1
Friday, 4th December 2009

PROGRAMME ADVISOR

Dr. Trevor Turner, Consultant Psychiatrist,
Barts & Homerton University Hospital and The East London Foundation Trust

6 CPD POINTS APPLIED FOR



MA HEALTHCARE LIMITED

40 YEARS OF MEDICAL EDUCATION

Bipolar Disorder: 'What is

Objectives

Bipolar Disorder: 'What is it – how to treat it' will bring together leading experts in the field of psychiatry to discuss the current issues, latest developments and practical management of bipolar disorder.

It is anticipated that participants will benefit from:

- An overview of the symptoms and course of bipolar disorder
- A greater understanding of the aetiology and differential diagnosis of mood states
- A review of the classification of bipolarity
- An update on the current psychological and pharmacological treatment options
- A raised awareness of the problems in primary care bipolar disorder management and the solutions to these problems
- An opportunity to share and exchange ideas with leading practitioners in the field

Who should attend?

Bipolar Disorder: 'What is it – how to treat it' is aimed at all medical professionals involved in the field of bipolar disorder. It will be of particular interest to the following:

- General psychiatrists (In-patient, Community-based, Specialist Teams)
- General practitioners with a special interest in mental health
- Community psychiatric nurses
- Nurse consultants in mental health
- General physicians with a special interest in psychiatry
- All trainees in these disciplines

Friday, 4th December 2009 AM

08.45 – 09.30 Registration and refreshments

09.30 – 09.35 Welcome and opening remarks

Chair: Dr Trevor Turner

Consultant Psychiatrist

Barts & Homerton University Hospital and The East London Foundation Trust

WHAT IS IT

09.35 – 10.25 Symptoms and course of bipolar disorder

Dr Neil Hunt

Consultant Psychiatrist

Fulbourn Hospital, Cambridge

10.25 – 11.05 Understanding mood states: aetiology, diagnostic pitfalls and differential diagnosis

Dr Mark Salter

Consultant Psychiatrist

East London Foundation Mental Health Trust

11.05 – 11.25 Refreshments

11.25 – 12.05 Classifying bipolarity: from disease entity to borderline personality types?

Dr Trevor Turner

Consultant Psychiatrist

Barts & Homerton University Hospital and The East London Foundation Trust

12.05 – 12.35 A psychoanalytic perspective on the representation of bipolar disorder in the media using film as an example

Dr Cleo Van Velsen

Consultant Psychiatrist in Forensic Psychotherapy

The John Howard Centre, Hackney Hospital, London

12.35 – 13.00 Panel discussion

Dr Neil Hunt

Dr Mark Salter

Dr Cleo Van Velsen

13.00 – 14.00 Lunch

it – how to treat it'

Friday, 4th December 2009 PM

HOW TO TREAT IT

- 14.00 – 14.40 **Psychological treatments: how effective are they?**
Professor Richard Morriss
Professor of Psychiatry and Community Mental Health
University of Nottingham
- 14.40 – 15.20 **Mood stabilisers old and new**
Dr John Cookson
Consultant Psychiatrist
The Royal London Hospital
- 15.20 – 15.40 **Refreshments**
- 15.40 – 16.10 **Perinatal issues: managing bipolar in pregnancy and in the puerperium**
Dr Elizabeth M. McDonald
Consultant in Perinatal Mental Health
Barts & Homerton University Hospital and The East London Foundation Trust
- 16.10 – 16.40 **Managing bipolar disorder in primary-secondary care: problems and solutions**
Dr Chris Manning
Director, UPstreamhealthcare and
Founder, Primhe, London
- 16.40 – 17.00 **Panel discussion: questions from the floor**
Chair: Dr Trevor Turner
Dr John Cookson
Professor Richard Morriss
Dr Chris Manning
- 17.00 **Closing remarks**
Dr Trevor Turner

3 EASY WAYS TO BOOK



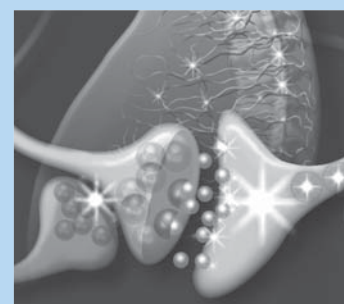
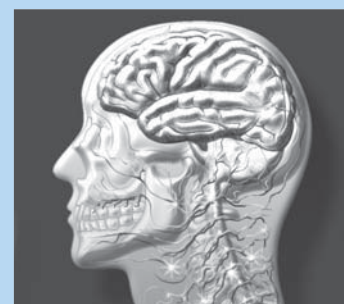
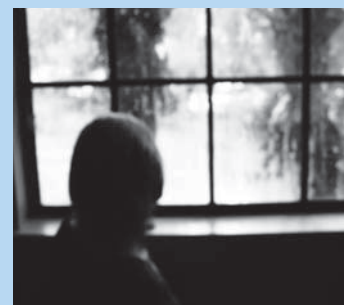
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MA HEALTHCARE LIMITED

Registration form

I would like to secure my place at the **7th National Conference on Bipolar Disorder**

PHOTOCOPIES OF THIS FORM ACCEPTED

Title (Dr, Mr, Mrs etc):

Forenames

Surname

Job title

Home address

..... Post code

Work address

..... Post code

Telephone

Email

I understand that this registration booking is subject to the booking conditions.

Signature

DELEGATE RATES

Please tick the box as applicable

Consultants and GP's

£520 inclusive of VAT

Specialist Registrars, Junior Doctors, Nurses and other Non-Medics

£320 inclusive of VAT

The conference fee includes:

- Entrance to the conference
- Lunch and refreshments
- Full conference documentation
- Certificate of accreditation

I WISH TO PAY BY:

• Credit card

Please debit my Visa Mastercard Maestro
 American Express

Card no

Valid from Expiry date

Issue no (Maestro cards only) 3 digit security code

Signed..... Date

• Call the Credit Card Booking Hotline 0207 501 6762

• Book online at www.mahealthcareevents.co.uk

• Make your cheque payable to MA Healthcare Ltd

• **Invoice** Requesting an invoice and signing this form will secure your place at the conference. All invoices must be paid in full before the event. See booking condition 5.

To receive an invoice you must complete this section in full giving either your work or Trust address. We are unable to send out invoices to home addresses

PLEASE COMPLETE IN FULL WITH CONTACT NAME IF DIFFERENT FROM ABOVE

PO Number

Contact

Full invoice address

..... Post code

Telephone..... Fax

Signed

How did you hear about the conference?

Direct mailing Email Recommendation MA Healthcare Events website

Other website (please specify).....

Advert in Journal (please specify).....

Other (please specify).....

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PLEASE RETURN TO:

MARK ALLEN GROUP, BIPOLAR DISORDER 2009,

FREEPOST BFH1 337, LONDON, SE24 9BR

FAX BOOKING LINE: 0207 733 8174

TEL BOOKING LINE: 0207 501 6762

How to get to the venue

Institute of Physics, 76 Portland Place, London W1B 1NT
Tel: 0207 470 4884

The Institute of Physics is located in Portland Place in the heart of London, 10 minutes away from five tube stations – Regent's Park, Great Portland Street, Warren Street, Goodge Street and Oxford Circus.

The Institute of Physics is within easy reach of Heathrow and Gatwick airports. With such easy access by rail, tube and road, you will arrive for the conference in good time, ready for the day you have planned.

Accommodation details

Grange Hotels are offering a special rate for delegates attending *Bipolar Disorder: 'What is it – how to treat it'*. To make a reservation please contact Grange Hotels central reservations quoting: 'MA Healthcare'.

GRANGE HOTELS Telephone number: 0207 233 7888

Fax number: 0207 630 9897

Email: reservations@grangehotels.com



Expotel can provide a complimentary hotel booking service for delegates attending *Bipolar Disorder: 'What is it – how to treat it'*.

To enquire about making a reservation or to get details of other hotels contact Expotel on the number below, choose the 'hotel' option and quote MA Healthcare/Bipolar Disorder

EXPOTEL

Telephone number: 0845 054 8470

Email: events@expotel.com

Booking conditions

MA Healthcare Ltd (The Company) accepts bookings under the following conditions:

- 1 All correspondence will be sent to the participants at the address specified on the booking form or over the telephone. (This address will also appear on the official participant's list).
- 2 The completed booking form together with full payment must be sent to MA Healthcare Ltd. A confirmation will then be issued. Cheques should be made payable to **MA Healthcare Limited**. Returning the signed registration form constitutes a firm booking.
- 3 Bookings may be made by telephone but payment must be made in full by credit card.
- 4 All payments, including credit card, must be in sterling.
- 5 The Company reserves the right to cancel a booking if payment is not made six weeks prior to the conference taking place. Any outstanding payment becomes the responsibility of the signatory made on the reservation form.
- 6 Payment for any booking made within six weeks of the conference will still be due to the company irrespective of whether the delegate attends.
- 7 Should you be unable to attend, a substitute delegate may take his/her place. Notification must be received in writing one week prior to the conference.
- 8 The Company reserves the right to change the conference speakers in cases of illness or other conditions beyond its control.
- 9 The Company does not accept responsibility for loss or damage to delegates' own property and/or personal effects caused by events beyond its control, including (but without limitation) fire, flood, strikes, civil disturbances or for consequential loss or damage of any kind whatsoever.
- 10 Speakers approached at time of print.

Cancellation of booking

Written cancellations received six weeks prior to the conference will be accepted and a refund of 90% of the booking charge will be made. After this date, no refunds can be given. Verbal cancellations will not be accepted.

If written cancellation is not received six weeks prior to the conference full payment will still be due irrespective of whether the delegate attends the conference.



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